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BLOG

BAY GARDENS RESORTS **NEWSLETTER**

AUGUST 2016



The Key to your Ultimate Caribbean Vacation getaway

Ideally nestled in the midst of the Rodney Bay Village, home to Saint Lucia's pulsating night life, hip bars, a casino, shopping malls and gourmet restaurants, Bay Gardens Resorts has a beautiful collection of three unique properties. These award winning resorts are renowned for fantastic service, friendly staff and quality accommodations.

Featuring a total of 196 rooms, five conference centers, three restaurants, and five bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each.



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Splash Island Turns One



Saint Lucia's ultimate aquatic playground, Splash Island Water Park celebrated its one year anniversary on Monday, August 01, 2016. The exhilarating sounds of Ezra D'Fun Machine, alongside Jiggy and Scoobay had everyone swimming Splash Island's way as over two hundred patrons made their way down to Reduit Beach to join in on the fun.

The sounds of Dj Pressure had everyone grooving while water splashed, laughter and screams could be heard as guest challenged each other on the parks twenty-one obstacles. Park users were treated to a few savory desserts and automatically entered into a draw to win prizes within the Bay Gardens chain. The park founder and Managing Director,

Mrs. Julianna Ward-Destang would like to thank everyone who came out to support this momentous occasion.

[Click here](#) to read more about Splash Island Water Park.

Fantastic Fall Sale



Save up to 50% on accommodations at any of our three award winning properties.

This offer is available for stays from now until December 19, 2016. Fantastic package add-ons include complimentary non-motorized water sports, complimentary Wi-Fi, Access to Splash Island Water Park, complimentary pre arrival concierge and more! For longer

stays, you can even qualify for up to US\$150.00 resort credit to food and beverages.

There's never been a better time to lock in a Saint Lucian vacation and save big. [Click here](#) for more information or call our reservations team today!

New Additions to Dine Around



Three restaurants have joined the Bay Gardens Resorts Dine Around Program this past month.

Zaika... The Taste (Indian cuisine), La Terrasse (French cuisine) and Blue Olive Restaurant (International cuisine) are all now part of one of the best dining experiences on island. All three restaurants are located in the Rodney Bay area, minutes away from our Bay Gardens Resorts properties.

The Bay Gardens Resorts Dine Around Program gives you the chance to taste the different flavors of Rodney Bay. Any guest who books a 7 night all-inclusive stay at any three of our properties, automatically qualifies for 3 nights to dine around with our partner restaurants. To date, the Dine Around Program has 9 participating restaurants. For more information about our Dine Around program, please [click here](#).

Chocolate Heritage Month

Each August, the island of Saint Lucia celebrates Chocolate Heritage Month, in honour of the island's rich history of cocoa production.

The island's chocolate legacy dates back to the thriving cocoa industry of the 1700s and to date, still produces some of the world's most sought-after chocolate. The Bay Gardens Resorts properties are also getting into the cocoa craze by offering a variety of creative and inventive chocolate menus and services during the month of August.



There are also cocoa plantation tours, Bean to Bar experiences, specialty tasting menus and best yet, big savings on our accommodations.

For more information on Chocolate Heritage Month and to read about other upcoming events in Saint Lucia, please [click here](#).

Mercury Beach 2016



Mercury Beach is one of the most anticipated yearly events in Saint Lucia and is known as the biggest party in the Caribbean. It is hosted by our neighboring French Caribbean islands of Martinique and Guadeloupe. This year, the party kicked off from Friday, August 12 to Sunday, August 14, 2016 at the Pigeon Island National Landmark and saw well over 8000 patrons attend.

A big part of the event are the water vessels which come from the islands of Martinique, Guadeloupe, St. Vincent, Barbados, Trinidad and Tobago and Saint Lucia. Over 325 vessels were docked together just off Pigeon Island shore. Top performers included Machel Montano (Trinidad and Tobago), Bunji Garlin (Trinidad and Tobago), Runtown (Nigeria), DJ Private Ryan (Trinidad and Tobago) and many French and

Saint Lucian acts.

The Bay Gardens Resorts properties are only 10 minutes' drive or 5 minutes boat ride from the venue, making it the perfect accommodations for this event. The hotel chain saw over 400 patrons arrive specifically for this event over this weekend and all three properties were sold out. You wouldn't want to miss Mercury Beach 2017, so book early for next year!

Rodney Bay Experience



All three of our Bay Gardens Resorts properties are located in the heart of Rodney Bay, a small community filled with entertainment, shopping, nightlife, a casino, the famous reduit beach and more. Once you stay at one of our award winning properties, you are steps away from it all. To learn more, please take some time and view [this video](#).

Spa Feature - Deep Tension Release Massage

Be rejuvenated and embrace a happier you with our deep tension release massage. Designed to alleviate muscle tension, this healing massage will relieve your muscles from spasms, kinks and discomfort. La Mer's unique method includes lots of stretching; trigger point therapy with medium to deep manipulation of muscle tissue which enhances blood circulation. After completing this treatment one will feel restored and tension-free.



To secure your desired appointment, we recommend that you pre-book treatments via [email](#), call 758.457.8881 or visit our [website](#).

Deluxe Tranquility Massage	50 mins	US\$77.00
Facial & Coffee Body Scrub		US\$66.00
Classic Manicure & Pedicure		US\$66.00
Back Massage & Facial		US\$66.00
Deep Tension Massage	50 mins	US\$88.00
La Mer Hot Stone Massage	50 mins	US\$99.00
Tranquility Massage & Scrub or Facial		US\$99.00
Deep Tension Massage & Paraffin Pedicure		US\$154.00
Tranquility Massage, Scrub & Pedicure or Facial		US\$154.00

Visit from Jump Start Summer Fun Camp



Bay Gardens Resorts were delighted to host the students from the Gros Islet Primary School Jump Start Summer Program on August 10, 2016. With smiles on their faces and questions at the tips of their tongues a group of forty enthusiastic students were given a site tour of the Bay Gardens Hotel and the Bay Gardens Inn which ended at the Ixora Conference room located at the Bay Gardens Inn. A brief history of the organization and its impact on the tourism industry was discussed with the students followed by a question and answer segment where Bay Gardens prizes were won.

A light snack served to the students while viewing video clips of all three Bay Gardens properties as well as Splash Island Water Park. Thankful of the experience the student expressed their appreciation and promised to visit our properties with their families in the near future.

Tour Feature - Tout Bagay Tour



The English translation from Creole for “Tout Bagay” is “Everything” and that is just what this tour offers. Your vacation would not be complete without a scenic cruise alongside the western coastline of the island, all the way down to Soufriere, home of our majestic twin peaks – the Pitons.

You will also have the chance to visit the world’s only drive in volcano, sulphuric mud baths, and the Toraille waterfalls and gardens. An authentic creole buffet lunch at a 17th century working plantation is also included in this tour.

Tour Days: Mon, Wed, Sat

Duration: 8 hours

Pick up time: 8:15am

Tour Pick-up available at all three Bay Gardens Resorts properties. To book your Tout Bagay tour on your next visit, please [email us](#).

Goodwill Swim Meet



Bay Gardens Resorts, the number one choice for sporting groups in Saint Lucia were a proud sponsor and the official athletes village of the 2016 Goodwill Swim Meet. The games were held at the Rodney Heights Aquatic Center on August 19th and 21st 2016 with over 200 swimmers and their supporters from the islands of Barbados, Trinidad and Tobago, Guyana, Saint Lucia, the Bahamas and Suriname in attendance.

Trinidad and Tobago were the overall champions with a total of 1465 points. Second place went to Suriname with 1126 points and third place to Barbados with 741 points. The Saint Lucia National Team recorded its best finish to date in the four years of competing at the Goodwill Swim Meet attaining 9 Gold, 7 Silver and 17 Bronze medals. The team ranked fourth place with a total of 681 points. This is the largest swim meet hosted by the island of Saint Lucia and we look forward to bigger events in the near future.

Recipe of the Month - Lobster & Avocado Cocktail



INGREDIENTS

1/3 Cup	Mayonnaise
1 Tsp	Lemon Zest
1	Lemon, Juiced
Pinch	Salt & Black Pepper
1 Stalk	Finely Chopped Celery
1	Finely Chopped Shallot
1 Tbsp	Finely Chopped Tarragon Leaves
1 Tbsp	Finely Chopped Chives
1/2	Diced Avocado
3	Lobster Tails, Cooked, Chopped (About 1 Pound Lobster Meat)
	Lemon Slice, For Garnish

METHOD

1. Combine mayonnaise, lemon zest, lemon juice, salt and pepper, celery, shallot, tarragon and chives in a bowl.
2. Add lobster meat & diced avocado to mayonnaise sauce and combine.
3. Rub the rim of 4 martini glasses with a lemon. Dip the rim in some dry rub. Divide the lobster salad between the 4 glasses. Garnish with lemon slices.